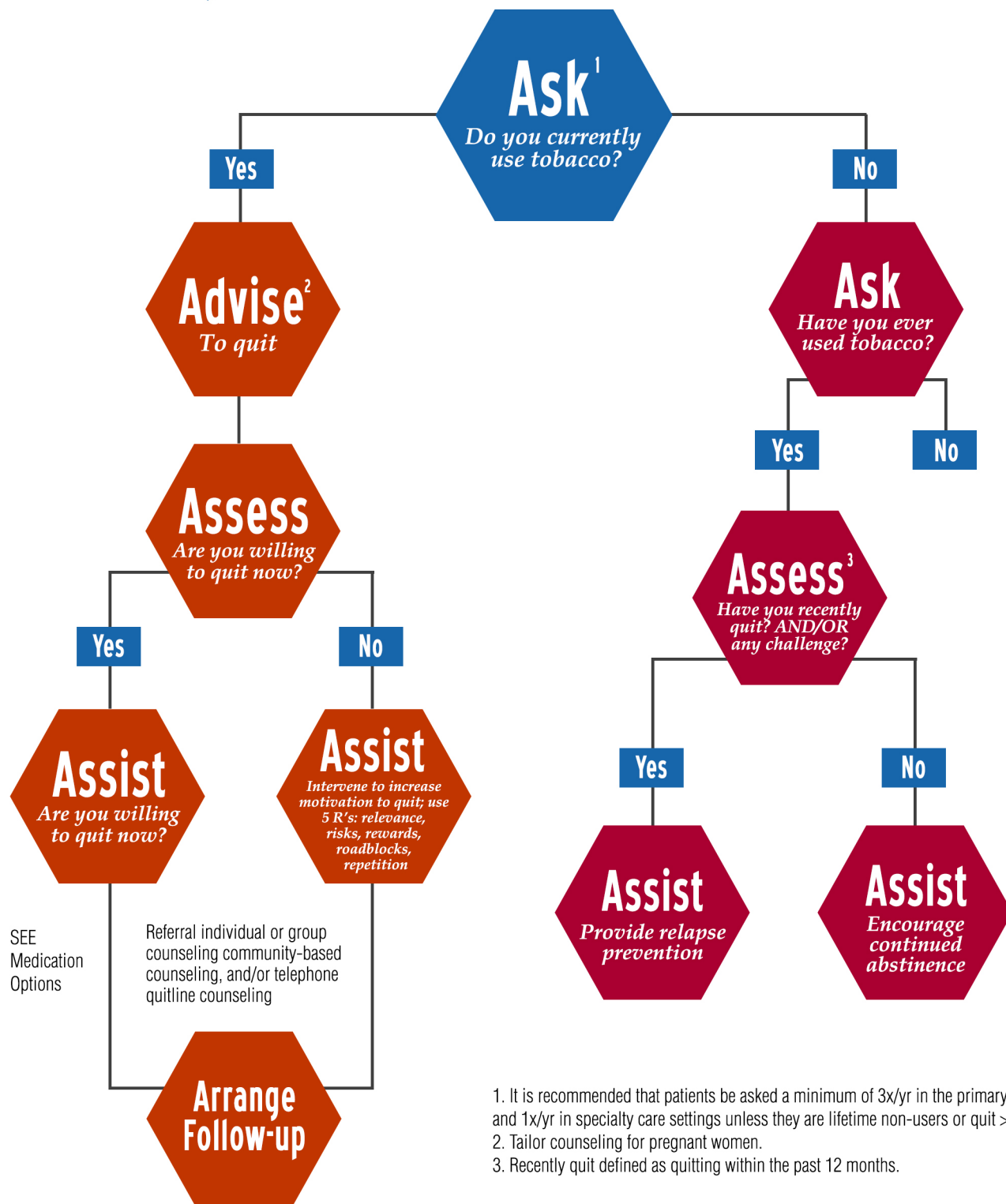


Tobacco Use and Dependence

TREATMENT GUIDANCE

"The 5 A's" (Ask, Advise, Assess, Assist, Arrange)



1. It is recommended that patients be asked a minimum of 3x/yr in the primary care setting and 1x/yr in specialty care settings unless they are lifetime non-users or quit > 7 years ago.
2. Tailor counseling for pregnant women.
3. Recently quit defined as quitting within the past 12 months.

This information is based on the 2008 update of the U.S. Public Health Service Clinical Practice Guideline: *Treating Tobacco Use and Dependence* (http://www.surgeongeneral.gov/tobacco/treating_tobacco_use08/pdf)